



Fair City Veterinary Group – Pre operation sheet
Fair City Vet Group, 32 York Place, Perth. PH2 8EH

If you have any questions, feel free to phone the practice on 01738 623210 to speak to one of our vets or nurses.

How to prepare your pet for an operation/procedure

- Please make sure your pet is clean before bringing them into the practice. This will reduce time spent washing the pet before procedures. It's very important to minimise the bacterial spread to prevent complications during surgery.
- Make sure to fast your pet if they are cats or dogs and in a healthy condition. They can have food up until 7pm the night before the procedure water, can be given overnight. Some of the drugs we use can cause vomiting which is dangerous if they are sedated and may inhale this fluid.
- Puppies and kittens should not be starved overnight as their blood glucose can fall quickly and can be dangerous during an anaesthetic or sedation.
- Small furries like rabbits and guinea pigs should never be starved to avoid gut stasis. Feed your pet as normal before surgery.
- Make sure your pet has gone to the toilet before coming into the practice so they don't soil themselves during or before the procedure. Being in an unfamiliar environment can make them reluctant to pass urine or faeces when they are in our care.
- Bringing in a blanket or toy from home can help patients feel more relaxed during their stay.

How to optimise your pet's procedure

- We advise to check your pet's bloods before any drugs are given on the day of the operation. This is because most drugs are broken down by the liver/kidneys and can cause damage if they are already struggling. Even young pets can have underlying conditions that have not been diagnosed so it's important to find out all the clinical history we possibly can.
- During an anaesthetic it is common for blood pressure to drop due to the drugs we use. Intravenous fluid therapy (IVFT) is recommended to maintain an optimal blood pressure. This will allow better tissue perfusion keeping your pet warmer, more oxygenated and hydrated. Pets also recover quicker from surgery when they receive IVFT as it helps flush the drugs out of their system quicker.

What to expect when your pet is discharged

- Your pet will have a shaved leg and may have a bandage on. We routinely place intravenous cannulas to maintain direct access to the vein in case of emergencies. We also use cannulas to inject certain drugs during an anaesthetic.
- If your pet has had an ultrasound expect a large shaved area on the location of the ultrasound scan. We must shave patients to allow the ultrasound probe to have optimal contact with the skin to provide images of diagnostic quality.
- Your pet will still be sleepy when discharged as their body takes a while to metabolise the drugs given. We will keep your pet with us until they can walk, eat and drink to make sure they have recovered from the anaesthetic.