## Canine Weight Management Clinic Questionnaire

Name: $\qquad$ Address: $\qquad$
Breed: $\qquad$ Age: $\qquad$ Sex: $\qquad$ Current Weight: $\qquad$
Please answer these questions as thoroughly as possible. Be honest with the amounts and types of food your pet receives. We need to know exactly what your pet eats at home in order to help him or her to lose weight. We won't be judging you and there are no wrong answers.

## Eating Habits

## 1. What commercial pet food does your dog currently eat as his or her main daily meals?

Please list the brand name of the food, the type of food (canned, pouches and/or dry) and how much is given daily. If your dog has more than one type please list them all.

## 2. What treats or snacks does your dog get?

Please list the name, type and how many are given in a day or week and if they are given at a specific time of day. Include any treats given for training or good behaviour and any human food that your dog may receive such as corners of toast or leftovers from the Sunday roast, biscuits or a bit of sandwich.
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## 3. Who is responsible for feeding your dog his or her main meals?

## 4. Who gives treats and/or tit-bits to your dog?

Include anyone who gives treats to you dog whether inside the home, on walks or when visiting.
5. Do you have other pets at home? Yes / No (if no go to question 8.)
6. If yes, does your dog eat any of their food? Yes / No (if no go to question 8.)
7. How much of this food do you think your dog eats? $\qquad$
8. Does your dog raid bins or steal human food? Yes / No (if no go to question 10.)
9. If yes, how often?
10. Do you think your dog always seems hungry? Yes / No (if no go to Exercise \& Activity)
11. If yes, does he or she pester you for food by begging, pawing, naughty behaviour or barking? Please list the ways in which your dog lets you know that he or she is hungry
12. Do you give your dog food when he or she displays the above behaviour? Yes / No

## Exercise and Activity

## 1. How many walks does your dog get a day or week?

Please list the amount and duration of the walks as well as your dog's activity level when out. i.e is it a brisk walk or slow walk, off lead or on lead, running about with other dogs or just meandering about. Does your dog play fetch, Frisbee etc?
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## 3. Will your dog play with toys or play games with you and what is his or her favourite?

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## Your Dog's Current Health

1. Does your dog have any known medical problems or health issues? Yes / No If yes, please list them here
2. Do you have any concerns about your dog's health? Yes / No
3. Is your dog on any medications or supplements currently? Yes / No

If yes please list the name and daily amount. Please also include any home-given supplements such as cod liver oil, garlic tablets etc
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## Body Condition Score

Please use the body condition score chart included in this pack to score your dog from 1 to 9 , based on the pictures and the text and circle the score that you think best describes your dog.

| Body Condition Score | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
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