

## **EquiMind**

### ***Support for the nervous system***

EquiMind is a unique calming supplement as it also contains a probiotic. The horse digestive tract is a complex system which is intrinsically linked to the horses nervous system- we all know a horse high on adrenaline will likely become loose in their droppings. Therefore if we can help to balance the bacteria in the gut the effect on your horses nervous system will be much greater.

### **What is in EquiMind?**

- Magnesium and L-Tryptophan- Equine calmers are usually based on one of these two ingredients. Generally horses respond to one or the other so to ensure we help your horses nervous system to have the best effect, both are included in EquiMind. The form of magnesium is chelated magnesium oxide which gives greater absorption in the horse and the addition of L-tryptophan
- Saccharomyces Cerevisiae- a well- researched live yeast probiotic which enhances the activity of fibre digesting bacteria in the large intestine which in turn supports the maintenance of normal pH within the hindgut.

### **Who would benefit from EquiMind?**

EquiMind can be beneficial fed to horse or ponies of all ages as it helps support the normal nervous system. More specifically we recommend feeding EquiMind to the following groups:

- Horses and ponies on long term box rest or reduced exercise.
- Competition horses and ponies
- Horses and ponies ridden by young riders

### **How is EquiMind fed?**

EquiMind is a palatable powder which is added to the daily feed. Horses and ponies over 300kg require 1 scoop daily which is equivalent to 25g. Under 300kg ponies require a half scoop, 12.5g daily.

### **How does our calmer compare to other supplements?**

Generally speaking, products you can buy off the shelf in your local equestrian store have lower amounts of vital ingredients and can be bulked up with ingredients which have no

direct effect. By feeding a veterinary grade supplement you are able to guarantee all ingredients are fully researched and traceable.

There are a few considerations when considering a supplement:

Firstly, it is important to know what the therapeutic feed rate for each ingredient is. Feeding sub-therapeutic levels negate any potential positive effects and is a waste of money. Secondly, studies have shown a worrying trend for some supplements to have greater than 30% difference between the amount of ingredients listed on the tub and the amount actually contained in the product. Thirdly, the ingredients need to be high quality to ensure maximum bio-availability (so the body can absorb and use it!). Choosing a product which can prove its ingredients traceability, prove the research behind their use and guarantee results makes spending money on a supplement worthwhile.

Also, for competition horses and ponies it is reassuring to know all of these supplements are free from prohibited substances making it competition legal.