





Whilst arthritis is a progressive and incurable condition, with regular checks from our vets and nurses, and by following our five-step plan below, your pet can continue to enjoy an active and comfortable life.



USE OF NON-STEROIDAL ANTI INFLAMMATORY DRUGS (NSAIDS)

With careful use, NSAIDs can help effectively ease the symptoms of arthritis. NSAIDs need time to build up to therapeutic levels and so require a specific treatment plan. Regular blood tests are required to check the NSAIDs aren't having any adverse effect on the kidneys, liver or bowels.

2 USE OF NEUTRACEUTICALS

Neutraceuticals are supplements which can provide added support to your pet's cartilage and joints. They provide long-term support as opposed to the sudden improvements seen with NSAIDs. Neutraceuticals are usually well tolerated by your pet's system, have very few negative effects on organs, and can allow your pet to drastically reduce the need for stronger NSAIDs.

3 OPTIMISING YOUR PET'S WEIGHT

The more weight an animal carries, the more work their joints must do. Therefore, it's important to make sure your pet is at their optimal weight with regular check-ins. If your pet is overweight, there are a few things you can do to help - even if they also need more rest due to their arthritis. Our team of nurses are on-hand to offer advice and support.

SENSIBLE EXERCISE

It's very important to find the right exercise balance for animals with arthritis. The two extremes we often see are owners not exercising their pet at all (for fear of aggravating the arthritis) or over-exercising. Sensible exercise means finding a balance, such as several short walks a day rather than one long one. It's often a process of trial and error, but our team are here to help.

5 REHABILITATION AND PAIN MANAGEMENT

We offer a rehabilitation service to provide personalised treatment plans for careful management of a long-term condition, or pre- and post-operative management of surgical cases. Cedar Grove Veterinary Clinic has been one of the few practices to provide stem cell therapy for treatment of chronic arthritis, which is a very new and promising treatment.

We also offer the following:

- Pulse Magnetic Wave Therapy (PMFT)
- Laser, ultrasound, massage and exercise therapy
- Cryotherapy and thermotherapy.



About Cedar Grove

We're an RCVS Hospital Status Practice providing a high standard of care from our highly skilled and supportive veterinary team.

- Open 365-days-a-year
- Extensive opening on weekdays and weekends
- 24-hour in-house nursing
- Intensive care facilities

HOW TO FIND US

132 Upper Knockbreda Road, Belfast BT6 9QB

CONTACT US

If you'd like any advice on managing your pet's arthritis, or would like support with a tailored management plan, our team will be happy to help.

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